

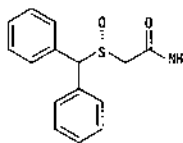
**NUVIGIL™ (armodafinil) Tablets [C-IV]**

**Rx Only**

**DESCRIPTION:**

NUVIGIL™ (armodafinil) is a wakefulness-promoting agent for oral administration. Armodafinil is the R-enantiomer of modafinil which is a mixture of the R- and S-enantiomers. The chemical name for armodafinil is 2-[(R)-(diphenylmethyl)sulfinyl]acetamide. The molecular formula is C<sub>15</sub>H<sub>15</sub>NO<sub>2</sub>S and the molecular weight is 273.35.

The chemical structure is:



Armodafinil is a white to off-white, crystalline powder that is very slightly soluble in water, sparingly soluble in acetone and soluble in methanol. NUVIGIL tablets contain .50, 150 or 250 mg of armodafinil and the following inactive ingredients: croscarmellose sodium, lactose, magnesium stearate, microcrystalline cellulose, povidone, and pregelatinized starch.

**CLINICAL PHARMACOLOGY**

**Mechanism of Action and Pharmacology**

The precise mechanism(s) through which armodafinil (R-enantiomer) or modafinil (mixture of R- and S-enantiomers) promote wakefulness is unknown. Both armodafinil and modafinil have shown similar pharmacological properties in nonclinical animal and in vitro studies, to the extent tested.

All pharmacologically relevant concentrations, armodafinil does not bind to or inhibit several receptors and enzymes potentially relevant for sleep/wake regulation, including those for serotonin, dopamine, adenosine, galanin, melatonin, melanocortin, orexin-1, orphanin, PACAP or benzodiazepines, or transporters for GABA, serotonin, norepinephrine, and choline or phosphodiesterase VI, COMT, GABA transaminase, and tyrosine hydroxylase. Modafinil does not inhibit the activity of MAO-B or phosphodiesterases II-IV.

Modafinil-induced wakefulness can be attenuated by the α<sub>1</sub>-adrenergic receptor antagonist, prazosin; however, modafinil is inactive in other in vitro assay systems known to be responsive to α<sub>1</sub>-adrenergic agonists such as the rat vas deferens preparation.

Armodafinil is not a direct- or indirect-acting dopamine receptor agonist. However, in vitro, both armodafinil and modafinil bind to the dopamine transporter and inhibit dopamine reuptake. For modafinil, this activity has been associated in vivo with increased extracellular dopamine levels in some brain regions of animals. In genetically engineered mice lacking the dopamine transporter (DAT), modafinil lacked wake-promoting activity, suggesting that this activity was DAT-dependent. However, the wake-promoting effects of modafinil, unlike those of amphetamine, were not antagonized by the dopamine receptor antagonist haloperidol in rats. In addition, alpha-methyl-p-tyrosine, a dopamine synthesis inhibitor, blocks the action of amphetamine, but does not block locomotor activity induced by modafinil.

Armodafinil and modafinil have wake-promoting actions similar to sympathomimetic agents including amphetamine and methylphenidate, although their pharmacologic profile is not identical to that of the sympathomimetic amines. In addition to its wake-promoting effects and ability to increase locomotor activity in animals, modafinil produces psychoactive and euphoric effects, alterations in mood, perception, thinking, and feelings typical of other CNS stimulants in humans. Modafinil has reinforcing properties, as evidenced by its self-administration in monkeys previously trained to self-administer cocaine; modafinil was also partially discriminated as stimulant-like.

Based on nonclinical studies, two major metabolites, acid and sulfone, of modafinil or armodafinil, do not appear to contribute to the CNS-activating properties of the parent compounds.

**Pharmacokinetics**

The active component of NUVIGIL is armodafinil, which is the longer-lived enantiomer of modafinil. NUVIGIL exhibits linear time-independent kinetics following single and multiple oral dose administration. Increase in systemic exposure is proportional over the dose range of 50 to 400 mg. No time-dependent change in kinetics was observed through 12 weeks of dosing. Apparent steady state for NUVIGIL was reached within 7 days of dosing. At steady state, the systemic exposure for NUVIGIL is 1.8 times the exposure observed after a single dose. The concentration-time profiles of the pure R-enantiomer following administration of 50 mg NUVIGIL or 100 mg PROVIGIL® (modafinil) are nearly superimposable.

**Absorption**

NUVIGIL is readily absorbed after oral administration. The absolute oral bioavailability was not determined due to the aqueous insolubility of armodafinil, which precluded intravenous administration. Peak plasma concentrations are attained at approximately 2 hours in the fasted state. Food effect on the overall bioavailability of NUVIGIL is considered minimal; however, time to reach peak concentration (t<sub>max</sub>) may be delayed by approximately 2-4 hours in the fed state. Since the delay in t<sub>max</sub> is also associated with elevated plasma levels later in time, food can potentially affect the onset and time course of pharmacologic action for NUVIGIL.

**Distribution**

NUVIGIL has an apparent volume of distribution of approximately 42 L. Data specific to armodafinil protein binding are not available. However, modafinil is moderately bound to plasma protein (approximately 60%), mainly to albumin. The potential for interactions of NUVIGIL with highly protein bound drugs is presumed to be minimal.

solely to the effects of aging. However, the results suggest that the clearance of modafinil may be reduced in the elderly (See **DOSE AND ADMINISTRATION**).

**Race Effect:** The influence of race on the pharmacokinetics of modafinil has not been studied.

**Renal Impairment:** In a single dose 200 mg modafinil study, severe chronic renal failure (creatinine clearance ≤20 mL/min) did not significantly influence the pharmacokinetics of modafinil, but exposure to modafinil acid was increased 9-fold (See **PRECAUTIONS**).

**Hepatic Impairment:** The pharmacokinetics and metabolism of modafinil were examined in patients with cirrhosis of the liver (6 men and 3 women). Three patients had stage B or B+ cirrhosis and 6 patients had stage C or C+ cirrhosis (per the Child-Pugh score criteria). Clinically 8 of 9 patients were icteric and all had ascites. In these patients, the oral clearance of modafinil was decreased by about 60% and the steady state concentration was doubled compared to normal patients. The dose of NUVIGIL should be reduced in patients with severe hepatic impairment (See **PRECAUTIONS AND DOSE AND ADMINISTRATION**).

**CLINICAL TRIALS**

The effectiveness of NUVIGIL in improving wakefulness has been established in the following sleep disorders: obstructive sleep apnea/hypopnea syndrome (OSAHS), narcolepsy and shift work sleep disorder (SWSD).

For each clinical trial, a p-value of ≤0.05 was required for statistical significance.

**Obstructive Sleep Apnea/Hypopnea Syndrome (OSAHS)**

The effectiveness of NUVIGIL in improving wakefulness in patients with excessive sleepiness associated with OSAHS was established in two 12-week, multi-center, placebo-controlled, parallel-group, double-blind studies of outpatients who met the International Classification of Sleep Disorders (ICSD) criteria for OSAHS (which are also consistent with the American Psychiatric Association DSM-IV criteria). These criteria include either, 1) excessive sleepiness or insomnia, plus frequent episodes of impaired breathing during sleep, and associated features such as loud snoring, morning headaches or dry mouth upon awakening; or 2) excessive sleepiness or insomnia; and polysomnography demonstrating one of the following: more than five obstructive apneas, each greater than 10 seconds in duration, per hour of sleep; and one or more of the following: frequent arousals from sleep associated with the apneas, bradycardia, or arterial oxygen desaturation in association with the apneas. In addition, for entry into these studies, all patients were required to have excessive sleepiness as demonstrated by a score ≥10 on the Epworth Sleepiness Scale, despite treatment with continuous positive airway pressure (CPAP). Evidence that CPAP was effective in reducing episodes of apnea/hypopnea was required along with documentation of CPAP use.

Patients were required to be compliant with CPAP, defined as CPAP use ≥4 hours/night on ≥70% of nights. CPAP use continued throughout the study. In both studies, the primary measures of effectiveness were 1) sleep latency, as assessed by the Maintenance of Wakefulness Test (MWT) and 2) the change in the patient's overall disease status, as measured by the Clinical Global Impression of Change (CGI-C) at the final visit. For a successful trial both measures had to show statistically significant improvement.

The MWT measures latency (in minutes) to sleep onset. An extended MWT was performed with test sessions at 2 hour intervals between 9AM and 7PM. The primary analysis was the average of the sleep latencies from the first four test sessions (9AM to 3PM). For each test session, the subject was asked to attempt to remain awake without using extraordinary measures. Each test session was terminated after 30 minutes if no sleep occurred or immediately after sleep onset. The CGI-C is a 7-point scale, centered at *No Change*, and ranging from *Very Much Worse* to *Very Much Improved*. Evaluators were not given any specific guidance about the criteria they were to apply when rating patients.

In the first study, a total of 395 patients with OSAHS were randomized to receive NUVIGIL 150 mg/day, NUVIGIL 250 mg/day or matching placebo. Patients treated with NUVIGIL showed a statistically significant improvement in the ability to remain awake compared to placebo-treated patients as measured by the MWT at final visit. A statistically significant greater number of patients treated with NUVIGIL showed improvement in overall clinical condition as rated by the CGI-C scale at final visit. The average sleep latencies (in minutes) in the MWT at baseline for the trials are shown in Table 1 below, along with the average change from baseline on the MWT at final visit. The percentages of patients who showed any degree of improvement on the CGI-C in the clinical trials are shown in Table 2 below. The two doses of NUVIGIL produced statistically significant effects of similar magnitudes on the MWT, and also on the CGI-C.

In the second study, 263 patients with OSAHS were randomized to either NUVIGIL 150 mg/day or placebo. Patients treated with NUVIGIL showed a statistically significant improvement in the ability to remain awake compared to placebo-treated patients as measured by the MWT (Table 1). A statistically significant greater number of patients treated with NUVIGIL showed improvement in overall clinical condition as rated by the CGI-C scale (Table 2).

Nighttime sleep measured with polysomnography was not affected by the use of NUVIGIL in either study.

**Narcolepsy**

The effectiveness of NUVIGIL in improving wakefulness in patients with excessive sleepiness (ES) associated with narcolepsy was established in one 12-week, multi-center, placebo-controlled, parallel-group, double-blind study of outpatients who met the ICSD criteria for narcolepsy. A total of 196 patients were randomized to receive NUVIGIL 150 or 250 mg/day, or matching placebo. The ICSD criteria for narcolepsy include either 1) recurrent daytime naps or lapses into sleep that occur almost daily for at least three months, plus sudden bilateral loss of postural muscle tone in association with intense emotion (cataplexy), or 2) a complaint of excessive sleepiness or sudden muscle weakness with associated features: sleep paralysis, hypnagogic hallucinations, automatic behaviors, disrupted major sleep episode; and polysomnography demonstrating one of the following: sleep latency less than

Patients treated with NUVIGIL showed to sleep onset compared to placebo-MSLT at final visit (Table 1). A statistic with NUVIGIL showed improvement in or at final visit (Table 2).

Daytime sleep measured with polysomn

**Table 1. Average Baseline Sleep Latency (MWT) at Final Visit**

Disorder	Measure	Baseline
OSAHS I	MWT	2
OSAHS II	MWT	2
Narcolepsy	MWT	1
SWSD	MSLT	1

\*Significantly different than placebo to

**Table 2. Clinical Global Impression of Change (Percent of Patient)**

Disorder	NUVIGIL 150 mg*
OSAHS I	71%
OSAHS II	71%
Narcolepsy	89%
SWSD	79%

\*Significantly different than placebo to

**INDICATIONS AND USAGE**

NUVIGIL is indicated to improve wakefulness associated with obstructive sleep apnea/hypopnea syndrome.

In OSAHS, NUVIGIL is indicated as an adjunct to CPAP. If continuous positive airway pressure (CPAP) is used, a maximal effort to treat with CPAP prior to inhaling NUVIGIL. If NUVIGIL is used and periodic assessment of CPAP compliance in all cases, careful attention to the disorder(s) is of utmost importance. Patients may have more than one sleep disorder co-

The effectiveness of NUVIGIL in long-term use was systematically evaluated in placebo-controlled studies of NUVIGIL for an extended time in patients with excessive sleepiness.

**CONTRAINDICATIONS**

NUVIGIL is contraindicated in patients with severe hepatic impairment or its inactive ingredients.

**WARNINGS**

**Serious Rash, including Stevens-Johnson Syndrome and Toxic Epidermal Necrolysis (TEN):** Serious rash requiring hospitalization reported in adults and children in a study of S and R modafinil (the lat

Armodafinil has not been studied in pediatric patients.

In clinical trials of modafinil (the discontinued version was approximately 0.5 years); these rashes included 1 case of a severe rash, including SJS, Toxic Epidermal Necrolysis (TEN) and Systemic Symptoms (DRESS) have been reported in patients with no previous history of rash that resulted in discontinuation of treatment. In adult clinical trials (0 per 4,264) of rash, including SJS, Toxic Epidermal Necrolysis (TEN) and Systemic Symptoms (DRESS) have been reported in patients with no previous history of rash that resulted in discontinuation of treatment. The reporting which is generally accepted to be an underestimate of the background incidence rate. Estimates of skin reactions in the general population are not available.

No serious skin rashes have been associated with armodafinil. However, because armodafinil is a racemic mixture, there is a similar risk of serious rash with armodafinil.

There are no factors that are known to increase the risk of rash associated with modafinil.

studies suggest that the clearance of a **DOSAGE AND ADMINISTRATION**, pharmacokinetics of modafinil has not been

udy, severe chronic renal failure (creatinine clearance the pharmacokinetics of modafinil, d (See **PRECAUTIONS**).

metabolism of modafinil were examined (3 women). Three patients had stage C+ cirrhosis (per the Child-Pugh score) and all had ascites. In these patients, by about 60% and the steady state patients. The dose of NUVIGIL should be adjusted (See **PRECAUTIONS** and **DOSAGE**).

akefulness has been established in obstructive sleep apnea/hypopnea syndrome (OSAHS),

adjusted for statistical significance.

OSAHS)

studies in patients with excessive sleepiness were conducted in a multi-center, placebo-controlled, double-blind, randomized, parallel-group study that met the International Classification of Sleep Disorders (ICSD) criteria. These studies are also consistent with the American Academy of Sleep Medicine criteria (include either, 1) excessive daytime sleepiness or impaired breathing during sleep, 2) morning headaches or dry mouth upon awakening, and 3) polysomnography demonstrating apneas, each greater than 10 seconds during the following: frequent arousals from sleep, or arterial oxygen desaturation in the study. In these studies, all patients were treated by a score  $\geq 10$  on the Epworth Sleepiness Scale (EPSSS) or a positive airway pressure (CPAP). The diagnosis of apnea/hypopnea was required

CPAP, defined as CPAP use  $\geq 4$  hours/night throughout the study. In both studies, the efficacy, as assessed by the Maintenance of Wakefulness Test (MWT), was significantly improved in the patient's overall disease status, as measured by a score  $\geq 10$  on the Epworth Sleepiness Scale (EPSSS) at the final visit. For a statistically significant improvement.

onset. An extended MWT was performed at baseline and 7PM. The primary analysis was the MWT sessions (9AM to 3PM). For each test, patients were required to remain awake without using extraordinary effort for 30 minutes if no sleep occurred or if a patient fell asleep, centered at *No Change*, and *Improved*. Evaluators were not given any information when rating patients.

OSAHS were randomized to receive NUVIGIL 150 mg or placebo. Patients treated with NUVIGIL showed a statistically significant improvement in overall clinical condition as rated by the CGI-C at final visit. A statistically significant improvement in overall clinical condition as rated by the CGI-C at final visit, along with the average percentage of patients who showed improvement in overall clinical condition are shown in Table 2 below. Significant effects of similar magnitudes were observed in patients with excessive sleepiness.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical condition as rated by the CGI-C at final visit. A statistically significant improvement in overall clinical condition as rated by the CGI-C at final visit, along with the average percentage of patients who showed improvement in overall clinical condition are shown in Table 2 below. Significant effects of similar magnitudes were observed in patients with excessive sleepiness.

Daytime sleep measured with polysomnography was not affected by the use of NUVIGIL.

Patients with excessive sleepiness were randomized to either NUVIGIL 150 mg or placebo. Patients treated with NUVIGIL showed a statistically significant improvement in overall clinical condition as rated by the CGI-C at final visit. A statistically significant improvement in overall clinical condition as rated by the CGI-C at final visit, along with the average percentage of patients who showed improvement in overall clinical condition are shown in Table 2 below. Significant effects of similar magnitudes were observed in patients with excessive sleepiness.

Patients treated with NUVIGIL showed a statistically significant prolongation in the time to sleep onset compared to placebo-treated patients, as measured by the nighttime MSLT at final visit [Table 1]. A statistically significant greater number of patients treated with NUVIGIL showed improvement in overall clinical condition as rated by the CGI-C scale at final visit [Table 2].

Daytime sleep measured with polysomnography was not affected by the use of NUVIGIL.

**Table 1. Average Baseline Sleep Latency and Change from Baseline at Final Visit (MWT and MSLT in minutes)**

Disorder	Measure	NUVIGIL 150 mg*		NUVIGIL 250 mg*		Placebo	
		Baseline	Change from Baseline	Baseline	Change from Baseline	Baseline	Change from Baseline
OSAHS I	MWT	21.5	1.7	23.3	2.2	23.2	-1.7
OSAHS II	MWT	23.7	2.3	—	—	23.3	-1.3
Narcolepsy	MWT	12.1	1.3	9.5	2.6	12.5	-1.9
SWSD	MSLT	2.3	0.1	—	—	2.4	0.4

\*Significantly different than placebo for all trials (p<0.05)

**Table 2. Clinical Global Impression of Change (CGI-C) (Percent of Patients Who Improved at Final Visit)**

Disorder	NUVIGIL 150 mg*	NUVIGIL 250 mg*	Placebo
OSAHS I	71%	74%	37%
OSAHS II	71%	—	53%
Narcolepsy	65%	73%	33%
SWSD	75%	—	59%

\*Significantly different than placebo for all trials (p<0.05)

**INDICATIONS AND USAGE**

NUVIGIL is indicated to improve wakefulness in patients with excessive sleepiness associated with obstructive sleep apnea/hypopnea syndrome, narcolepsy and shift work sleep disorder.

In OSAHS, NUVIGIL is indicated as an adjunct to standard treatment(s) for the underlying obstruction. If continuous positive airway pressure (CPAP) is the treatment of choice for a patient, a maximal effort to treat with CPAP for an adequate period of time should be made prior to initiating NUVIGIL. If NUVIGIL is used adjunctively with CPAP, the encouragement of and periodic assessment of CPAP compliance is necessary.

In all cases, careful attention to the diagnosis and treatment of the underlying sleep disorder(s) is of utmost importance. Prescribers should be aware that some patients may have more than one sleep disorder contributing to their excessive sleepiness.

The effectiveness of NUVIGIL in long-term use (greater than 12 weeks) has not been systematically evaluated in placebo-controlled trials. The physician who elects to prescribe NUVIGIL for an extended time in patients should periodically re-evaluate long-term usefulness for the individual patient.

**CONTRAINDICATIONS**

NUVIGIL is contraindicated in patients with known hypersensitivity to modafinil and armodafinil or its inactive ingredients.

**WARNINGS**

**Serious Rash, including Stevens-Johnson Syndrome**

Serious rash requiring hospitalization and discontinuation of treatment has been reported in adults and children in association with the use of modafinil, a racemic mixture of S and R modafinil (the latter is armodafinil).

Armodafinil has not been studied in pediatric patients in any setting and is not approved for use in pediatric patients for any indication.

In clinical trials of modafinil (the racemate), the incidence of rash resulting in discontinuation was approximately 0.8% (13 per 1,585) in pediatric patients (age <17 years); these rashes included 1 case of possible Stevens-Johnson Syndrome (SJS) and 1 case of apparent multi-organ hypersensitivity reaction. Several of the cases were associated with fever and other abnormalities (e.g., vomiting, leukopenia). The median time to rash that resulted in discontinuation was 13 days. No such cases were observed among 350 pediatric patients who received placebo. No serious skin rashes have been reported in adult clinical trials (0 per 4,264) of modafinil. Rare cases of serious or life-threatening rash, including SJS, Toxic Epidermal Necrolysis (TEN), and Drug Rash with Eosinophilia and Systemic Symptoms (DRESS) have been reported in adults and children in worldwide post-marketing experience. The reporting rate of TEN and SJS associated with modafinil use, which is generally accepted to be an underestimate due to underreporting, exceeds the background incidence rate. Estimates of the background incidence rate for these serious skin reactions in the general population range between 1 to 2 cases per million-person years.

No serious skin rashes have been reported in adult clinical trials (0 per 1,595) of armodafinil. However, because armodafinil is the R isomer of racemic modafinil, a similar risk of serious rash with armodafinil cannot be ruled out.

There are no factors that are known to predict the risk of occurrence or the severity of rash associated with modafinil or armodafinil. Nearly all cases of serious rash

was no evidence of psychosis 36 hours after drug discontinuation.

In the controlled trial NUVIGIL database, anxiety, agitation, nervousness, and irritability were reasons for treatment discontinuation more often in patients on NUVIGIL compared to placebo (NUVIGIL 1.2% and placebo 0.3%). In the NUVIGIL controlled studies, depression was also a reason for treatment discontinuation more often in patients on NUVIGIL compared to placebo (NUVIGIL 0.6% and placebo 0.2%). Two cases of suicide ideation were observed in clinical trials. Caution should be exercised when NUVIGIL is given to patients with a history of psychosis, depression, or mania. If psychiatric symptoms develop in association with NUVIGIL administration, consider discontinuing NUVIGIL.

**PRECAUTIONS**

**Diagnosis of Sleep Disorders**

NUVIGIL should be used only in patients who have had a complete evaluation of their excessive sleepiness, and in whom a diagnosis of either narcolepsy, OSAHS, and/or SWSD has been made in accordance with ICSD or DSM diagnostic criteria (See **CLINICAL TRIALS**). Such an evaluation usually consists of a complete history and physical examination, and it may be supplemented with testing in a laboratory setting. Some patients may have more than one sleep disorder contributing to their excessive sleepiness (e.g., OSAHS and SWSD coincident in the same patient).

**CPAP Use in Patients with OSAHS**

In OSAHS, NUVIGIL is indicated as an adjunct to standard treatment(s) for the underlying obstruction. If continuous positive airway pressure (CPAP) is the treatment of choice for a patient, a maximal effort to treat with CPAP for an adequate period of time should be made prior to initiating NUVIGIL. If NUVIGIL is used adjunctively with CPAP, the encouragement of and periodic assessment of CPAP compliance is necessary. There was a slight trend for reduced CPAP use over time (mean reduction of 1.8 minutes for patients treated with NUVIGIL and a 6 minute reduction for placebo-treated patients from a mean baseline use of 6.9 hours per night) in NUVIGIL trials.

**General**

Although NUVIGIL has not been shown to produce functional impairment, any drug affecting the CNS may alter judgment, thinking or motor skills. Patients should be cautioned about operating an automobile or other hazardous machinery until they are reasonably certain that NUVIGIL therapy will not adversely affect their ability to engage in such activities.

**Cardiovascular System**

NUVIGIL has not been evaluated or used to any appreciable extent in patients with a recent history of myocardial infarction or unstable angina, and such patients should be treated with caution.

In clinical studies of PROVIGIL, signs and symptoms including chest pain, palpitations, dyspnea and transient ischemic T-wave changes on ECG were observed in three subjects in association with mitral valve prolapse or left ventricular hypertrophy. It is recommended that NUVIGIL tablets not be used in patients with a history of left ventricular hypertrophy or in patients with mitral valve prolapse who have experienced the mitral valve prolapse syndrome when previously receiving CNS stimulants. Signs of mitral valve prolapse syndrome include but are not limited to ischemic ECG changes, chest pain, or arrhythmia. If new onset of any of these symptoms occurs, consider cardiac evaluation.

Blood pressure monitoring in short-term ( $\leq 3$  months) controlled trials showed only small average increases in mean systolic and diastolic blood pressure in patients receiving NUVIGIL as compared to placebo (1.2 to 4.3 mmHg in the various experimental groups). There was also a slightly greater proportion of patients on NUVIGIL requiring new or increased use of antihypertensive medications (2.9%) compared to patients on placebo (1.8%). Increased monitoring of blood pressure may be appropriate in patients on NUVIGIL.

**Patients Using Steroidal Contraceptives**

The effectiveness of steroidal contraceptives may be reduced when used with NUVIGIL and for one month after discontinuation of therapy (See **PRECAUTIONS, Drug Interactions**). Alternative or concomitant methods of contraception are recommended for patients treated with NUVIGIL and for one month after discontinuation of NUVIGIL treatment.

**Patients Using Cyclosporine**

The blood levels of cyclosporine may be reduced when used with NUVIGIL (See **PRECAUTIONS, Drug Interactions**). Monitoring of circulating cyclosporine concentrations and appropriate dosage adjustment for cyclosporine should be considered when these drugs are used concomitantly.

**Patients with Severe Hepatic Impairment**

In patients with severe hepatic impairment, with or without cirrhosis (See **CLINICAL PHARMACOLOGY**), NUVIGIL should be administered at a reduced dose (See **DOSAGE AND ADMINISTRATION**).

**Patients with Severe Renal Impairment**

There is inadequate information to determine safety and efficacy of dosing in patients with severe renal impairment (For pharmacokinetics in renal impairment, see **CLINICAL PHARMACOLOGY**).

**Elderly Patients**

In elderly patients, elimination of armodafinil and its metabolites may be reduced as a consequence of aging. Therefore, consideration should be given to the use of lower doses in this population (See **CLINICAL PHARMACOLOGY** and **DOSAGE AND ADMINISTRATION**).

**Information for Patients**

Physicians are advised to discuss the following issues with patients for whom they prescribe NUVIGIL.

NUVIGIL is indicated for patients who have abnormal levels of sleepiness. NUVIGIL has been shown to improve but not eliminate this abnormal tendency to fall asleep.

promote alertness and ability to increase locomotor activity in animals, modafinil produces psychostimulant and euphoric effects, alterations in mood, perception, thinking, and feelings typical of other CNS stimulants in humans. Modafinil has reinforcing properties, as evidenced by its self-administration in monkeys previously trained to self-administer cocaine; modafinil was also partially discriminated as stimulant-like.

Based on nonclinical studies, two major metabolites, acid and sulfone, of modafinil or armodafinil, do not appear to contribute to the CNS-activating properties of the parent compounds.

#### Pharmacokinetics

The active component of NUVIGIL is armodafinil, which is the longer-lived enantiomer of modafinil. NUVIGIL exhibits linear time-independent kinetics following single and multiple oral dose administration. Increase in systemic exposure is proportional over the dose range of 50 to 400 mg. No time-dependent change in kinetics was observed through 12 weeks of dosing. Apparent steady state for NUVIGIL was reached within 7 days of dosing. At steady state, the systemic exposure for NUVIGIL is 1.8 times the exposure observed after a single dose. The concentration-time profiles of the pure R-enantiomer following administration of 50 mg NUVIGIL or 100 mg PROVIGIL® (modafinil) are nearly superimposable.

#### Absorption

NUVIGIL is readily absorbed after oral administration. The absolute oral bioavailability was not determined due to the aqueous insolubility of armodafinil, which precluded intravenous administration. Peak plasma concentrations are attained at approximately 2 hours in the fasted state. Food effect on the overall bioavailability of NUVIGIL is considered minimal; however, time to reach peak concentration ( $t_{max}$ ) may be delayed by approximately 2-4 hours in the fed state. Since the delay in  $t_{max}$  is also associated with elevated plasma levels later in time, food can potentially affect the onset and time course of pharmacologic action for NUVIGIL.

#### Distribution

NUVIGIL has an apparent volume of distribution of approximately 42 L. Data specific to armodafinil protein binding are not available. However, modafinil is moderately bound to plasma protein (approximately 60%), mainly to albumin. The potential for interactions of NUVIGIL with highly protein-bound drugs is considered to be minimal.

#### Metabolism

In vitro and in vivo data show that armodafinil undergoes hydrolytic deamidation, S-oxidation, and aromatic ring hydroxylation, with subsequent glucuronide conjugation of the hydroxylated products. Amide hydrolysis is the single most prominent metabolic pathway, with sulfone formation by cytochrome P450 (CYP) 3A4/5 being next in importance. The other oxidative products are formed too slowly in vitro to enable identification of the enzyme(s) responsible. Only two metabolites reach appreciable concentrations in plasma (i.e., R-modafinil acid and modafinil sulfone).

Data specific to NUVIGIL disposition are not available. However, modafinil is mainly eliminated via metabolism, predominantly in the liver, with less than 10% of the parent compound excreted in the urine. A total of 81% of the administered radioactivity was recovered in 11 days post-dose, predominantly in the urine (80% vs. 1.6% in the feces).

#### Elimination

After oral administration of NUVIGIL, armodafinil exhibits an apparent monoexponential decline from the peak plasma concentration. The apparent terminal  $t_{1/2}$  is approximately 15 hours. The oral clearance of NUVIGIL is approximately 33 mL/min.

#### Drug-Drug Interactions

The existence of multiple pathways for armodafinil metabolism, as well as the fact that a non-CYP-related pathway is the most rapid in metabolizing armodafinil, suggest that there is a low probability of substantive effects on the overall pharmacokinetic profile of NUVIGIL due to CYP inhibition by concomitant medications.

In vitro data demonstrated that armodafinil shows a weak inductive response for CYP1A2 and possibly CYP3A activities in a concentration-related manner and that CYP2C19 activity is reversibly inhibited by armodafinil. Other CYP activities did not appear to be affected by armodafinil. An in vitro study demonstrated that armodafinil is a substrate of P-glycoprotein.

Chronic administration of NUVIGIL at 250 mg reduced the systemic exposure to midazolam by 32% and 17% after single oral (5 mg) and intravenous (2 mg) doses, respectively, suggesting that administration of NUVIGIL moderately induces CYP3A activity. Drugs that are substrates for CYP3A4/5, such as cyclosporine, may require dosage adjustment. (See **PRECAUTIONS, Drug Interactions**).

Chronic administration of NUVIGIL at 250 mg did not affect the pharmacokinetics of caffeine (200 mg), a probe substrate for CYP1A2 activity.

Coadministration of a single 400-mg dose of NUVIGIL with ameprozole (40 mg) increased systemic exposure to ameprozole by approximately 40%, indicating that armodafinil moderately inhibits CYP2C19 activity. Drugs that are substrates for CYP2C19 may require dosage reduction. (See **PRECAUTIONS, Drug Interactions**).

**Gender Effect:** Population pharmacokinetic analysis suggests no gender effect on the pharmacokinetics of armodafinil.

#### Special Populations

Data specific to armodafinil in special populations are not available.

**Age Effect:** A slight decrease (~20%) in the oral clearance (CL/F) of modafinil was observed in a single dose study at 200 mg in 12 subjects with a mean age of 63 years (range 53 - 72 years), but the change was considered not likely to be clinically significant. In a multiple dose study (300 mg/day) in 12 patients with a mean age of 82 years (range 67 - 87 years), the mean levels of modafinil in plasma were approximately 1.4 times those historically obtained in matched younger subjects. Due to potential effects from the multiple concomitant medications with which most of the patients were treated, the apparent difference in modafinil pharmacokinetics may not be attributable

to age. Specific guidance about the criteria they were to apply when rating patients.

In the first study, a total of 395 patients with OSAHS were randomized to receive NUVIGIL 150 mg/day, NUVIGIL 250 mg/day or matching placebo. Patients treated with NUVIGIL showed a statistically significant improvement in the ability to remain awake compared to placebo-treated patients as measured by the MWT at final visit. A statistically significant greater number of patients treated with NUVIGIL showed improvement in overall clinical condition as rated by the CGI-C scale at final visit. The average sleep latencies (in minutes) in the MWT at baseline for the trials are shown in Table 1 below, along with the average change from baseline on the MWT at final visit. The percentages of patients who showed any degree of improvement on the CGI-C in the clinical trials are shown in Table 2 below. The two doses of NUVIGIL produced statistically significant effects of similar magnitudes on the MWT, and also on the CGI-C.

In the second study, 263 patients with OSAHS were randomized to either NUVIGIL 150 mg/day or placebo. Patients treated with NUVIGIL showed a statistically significant improvement in the ability to remain awake compared to placebo-treated patients as measured by the MWT (Table 1). A statistically significant greater number of patients treated with NUVIGIL showed improvement in overall clinical condition as rated by the CGI-C scale (Table 2).

Nighttime sleep measured with polysomnography was not affected by the use of NUVIGIL in either study.

#### Narcolepsy

The effectiveness of NUVIGIL in improving wakefulness in patients with excessive sleepiness (ES) associated with narcolepsy was established in one 12-week, multi-center, placebo-controlled, parallel-group, double-blind study of outpatients who met the ICSD criteria for narcolepsy. A total of 196 patients were randomized to receive NUVIGIL 150 or 250 mg/day, or matching placebo. The ICSD criteria for narcolepsy include either 1) recurrent daytime naps or lapses into sleep that occur almost daily for at least three months, plus sudden bilateral loss of postural muscle tone in association with intense emotion (cataplexy), or 2) a complaint of excessive sleepiness or sudden muscle weakness with associated features: sleep paralysis, hypnagogic hallucinations, automatic behaviors, disrupted major sleep episode; and polysomnography demonstrating one of the following: sleep latency less than 10 minutes or rapid eye movement (REM) sleep latency less than 20 minutes and a Multiple Sleep Latency Test (MSLT) that demonstrates a mean sleep latency of less than 5 minutes and two or more sleep onset REM periods and no medical or mental disorder accounts for the symptoms. For entry into these studies, all patients were required to have objectively documented excessive daytime sleepiness, via MSLT with a sleep latency of 6 minutes or less and the absence of any other clinically significant active medical or psychiatric disorder. The MSLT, an objective polysomnographic assessment of the patient's ability to fall asleep in an unstimulating environment, measured latency (in minutes) to sleep onset averaged over 4 test sessions at 2-hour intervals. For each test session, the subject was told to lie quietly and attempt to sleep. Each test session was terminated after 20 minutes if no sleep occurred or immediately after sleep onset.

The primary measures of effectiveness were: 1) sleep latency as assessed by the Maintenance of Wakefulness Test (MWT) and 2) the change in the patient's overall disease status, as measured by the Clinical Global Impression of Change (CGI-C) at the final visit (See **CLINICAL TRIALS**, OSAHS section above for a description of these measures). Each MWT test session was terminated after 20 minutes if no sleep occurred or immediately after sleep onset in this study.

Patients treated with NUVIGIL showed a statistically significantly enhanced ability to remain awake on the MWT at each dose compared to placebo at final visit (Table 1). A statistically significant greater number of patients treated with NUVIGIL at each dose showed improvement in overall clinical condition as rated by the CGI-C scale at final visit (Table 2).

The two doses of NUVIGIL produced statistically significant effects of similar magnitude on the CGI-C. Although a statistically significant effect on the MWT was observed for each dose, the magnitude of effect was observed to be greater for the higher dose.

Nighttime sleep measured with polysomnography was not affected by the use of NUVIGIL.

#### Shift Work Sleep Disorder (SWS)

The effectiveness of NUVIGIL in improving wakefulness in patients with excessive sleep associated with SWS was demonstrated in a 12-week, multi-center, double-blind, placebo-controlled, parallel-group, clinical trial. A total of 254 patients with chronic SWS were randomized to receive NUVIGIL 150 mg/day or placebo. All patients met the ICSD criteria for Circadian Rhythm Sleep Disorder: Shift Work Type. These criteria include: a) a primary complaint of excessive sleepiness or insomnia which is temporally associated with a work period (usually night work) that occurs during the habitual sleep period; b) polysomnography and the MSLT demonstrate loss of a normal sleep-wake cycle (i.e., disturbed chronobiological rhythmicity); and 2) no other medical or mental disorder accounts for the symptoms, and 3) the symptoms do not meet criteria for sleep disorder producing insomnia or excessive sleepiness (e.g., time zone change lag syndrome).

It should be noted that not all patients with a complaint of sleepiness associated with SWS meet the criteria for the diagnosis of SWS. In the clinical trials, patients who were symptomatic for at least 3 months were enrolled.

Enrolled patients were also required to work a minimum of 5 night shifts with excessive sleepiness at the time of their night shifts (MSLT score  $\leq 6$  minutes) and daytime insomnia documented by a daytime polysomnogram (PSG).

The primary measures of effectiveness were 1) sleep latency, as assessed by the Sleep Latency Test (MSLT) performed during a simulated night shift, and 2) the change in the patient's overall disease status, as measured by the Clinical Global Impression of Change (CGI-C) at the final visit (See **CLINICAL TRIALS**, Narcolepsy and OSAHS sections above for description of these measures).

NUVIGIL is contraindicated in patients with a history of hypersensitivity to armodafinil or its inactive ingredients.

#### WARNINGS

**Serious Rash, Including Stevens-Johnson Syndrome and Toxic Epidermal Necrolysis:** Serious rash requiring hospitalization has been reported in adults and children in a clinical trial of a mixture of S and R modafinil (the later referred to as modafinil). Armodafinil has not been studied in pediatric patients.

In clinical trials of modafinil (the racemic mixture), the incidence of rash was approximately 0.1% (1 case per 1,000 patients); these rashes included 1 case of Stevens-Johnson Syndrome (SJS) and 1 case of Toxic Epidermal Necrolysis (TEN) associated with liver and other abnormalities. In a clinical trial of armodafinil, 380 pediatric patients who received armodafinil in adult clinical trials (4 per 4,264 patients) had a rash, including SJS, Toxic Epidermal Necrolysis (TEN), and Systemic Erythematous Rash (SER). These symptoms have been reported in patients with no previous history of rash, which is generally accepted to be an uncommon background incidence rate. Estimates of skin reactions in the general population are not available.

No serious skin rashes have been reported in patients treated with armodafinil. However, because armodafinil is a racemic mixture, there is a similar risk of serious rash with armodafinil.

There are no factors that are known to increase the risk of rash associated with modafinil or armodafinil. However, isolated cases have been reported in patients receiving therapy for a condition that may be associated with a potential risk heralded by the first appearance of a rash.

Although benign rashes also occur with armodafinil, which rashes will prove to be serious is not known. Discontinuation of treatment may be necessary if a rash is severe or potentially disabling or disfiguring.

**Angioedema and anaphylactoid reactions:** One serious case of angioedema and anaphylactoid reaction, were observed among patients treated with armodafinil. Patients should be advised to discontinue therapy if they experience symptoms suggesting angioedema or anaphylaxis, such as difficulty in swallowing or breathing.

**Multi-organ Hypersensitivity Reactions:** Multi-organ hypersensitivity reactions, including severe skin reactions, have occurred in close temporal association with the initiation of treatment with armodafinil. These reactions with armodafinil cannot be ruled out.

Although there have been a limited number of cases, there is a risk of occurrence of multi-organ hypersensitivity reactions associated with modafinil. Signs and symptoms typically associated with multi-organ hypersensitivity reactions include, but are not limited to, fever, lymphadenopathy, eosinophilia, hepatitis, liver function test abnormalities, leukopenia, thrombocytopenia, and renal impairment.

Multi-organ hypersensitivity reactions have occurred in close temporal association with the initiation of treatment with armodafinil. These reactions with armodafinil cannot be ruled out.

**Excessive Sleepiness:** Patients treated with NUVIGIL should be advised to avoid driving or operating machinery until they are no longer drowsy. Patients should be aware that patients may experience drowsiness or fatigue.

**Symptoms:** Adverse experiences have been reported in patients treated with armodafinil (NUVIGIL) and include symptoms associated with excessive sleepiness and fatigue. These symptoms include excessive daytime sleepiness, fatigue, and difficulty concentrating. Patients should be advised to avoid driving or operating machinery until they are no longer drowsy.

**Contraindications:** NUVIGIL is contraindicated in patients with a history of hypersensitivity to armodafinil or its inactive ingredients.

**Warnings:** Serious rash, including Stevens-Johnson Syndrome and Toxic Epidermal Necrolysis, has been reported in patients treated with modafinil. Armodafinil has not been studied in pediatric patients.

placebo (1.8%). Increased monitoring of blood pressure may be appropriate in patients on NUVIGIL.

#### Patients Using Steroidal Contraceptives

The effectiveness of steroidal contraceptives may be reduced when used with NUVIGIL and for one month after discontinuation of therapy (See **PRECAUTIONS, Drug Interactions**). Alternative or concomitant methods of contraception are recommended for patients treated with NUVIGIL and for one month after discontinuation of NUVIGIL treatment.

#### Patients Using Cyclosporine

The blood levels of cyclosporine may be reduced when used with NUVIGIL (See **PRECAUTIONS, Drug Interactions**). Monitoring of circulating cyclosporine concentrations and appropriate dosage adjustment for cyclosporine should be considered when these drugs are used concomitantly.

#### Patients with Severe Hepatic Impairment

In patients with severe hepatic impairment, with or without cirrhosis (See **CLINICAL PHARMACOLOGY**), NUVIGIL should be administered at a reduced dose (See **DOSAGE AND ADMINISTRATION**).

#### Patients with Severe Renal Impairment

There is inadequate information to determine safety and efficacy of dosing in patients with severe renal impairment (For pharmacokinetics in renal impairment, see **CLINICAL PHARMACOLOGY**).

#### Elderly Patients

In elderly patients, elimination of armodafinil and its metabolites may be reduced as a consequence of aging. Therefore, consideration should be given to the use of lower doses in this population (See **CLINICAL PHARMACOLOGY AND DOSAGE AND ADMINISTRATION**).

#### Information for Patients

Physicians are advised to discuss the following issues with patients for whom they prescribe NUVIGIL.

NUVIGIL is indicated for patients who have abnormal levels of sleepiness. NUVIGIL has been shown to improve, but not eliminate, this abnormal tendency to fall asleep. Therefore, patients should not alter their previous behavior with regard to potentially dangerous activities (e.g., driving, operating machinery) or other activities requiring appropriate levels of wakefulness, until and unless treatment with NUVIGIL has been shown to produce levels of wakefulness that permit such activities. Patients should be advised that NUVIGIL is not a replacement for sleep.

Patients should be informed that it may be critical that they continue to take their previously prescribed treatments (e.g., patients with OSAHS receiving CPAP should continue to do so).

Patients should be informed of the availability of a patient information leaflet, and they should be instructed to read the leaflet prior to taking NUVIGIL. See Patient Information at the end of this labeling for the text of the leaflet provided for patients.

Patients should be advised to contact their physician if they experience rash, depression, anxiety, or signs of psychosis or mania.

#### Pregnancy

Patients should be advised to notify their physician if they become pregnant or intend to become pregnant during therapy. Patients should be cautioned regarding the potential increased risk of pregnancy when using steroidal contraceptives (including depot or implantable contraceptives) with NUVIGIL and for one month after discontinuation of therapy (See **Carcinogenesis, Mutagenesis, Impairment of Fertility and Pregnancy**).

#### Nursing

Patients should be advised to notify their physician if they are breastfeeding an infant.

#### Concomitant Medication

Patients should be advised to inform their physician if they are taking, or plan to take, any prescription or over-the-counter drugs, because of the potential for interactions between NUVIGIL and other drugs.

#### Alcohol

Patients should be advised that the use of NUVIGIL in combination with alcohol has not been studied. Patients should be advised that it is prudent to avoid alcohol while taking NUVIGIL.

#### Allergic Reactions

Patients should be advised to stop taking NUVIGIL and to notify their physician if they develop a rash, hives, mouth sores, blisters, peeling skin, trouble swallowing or breathing or a related allergic phenomenon.

#### Drug Interactions

##### Potential Interactions with Drugs That Inhibit, Induce, or Are Metabolized by Cytochrome P450 Isoenzymes and Other Hepatic Enzymes

Due to the partial involvement of CYP3A enzymes in the metabolic elimination of armodafinil, coadministration of potent inducers of CYP3A4/5 (e.g., carbamazepine, phenobarbital, rifampin) or inhibitors of CYP3A4/5 (e.g., ketoconazole, erythromycin) could alter the plasma levels of armodafinil.

##### The Potential of NUVIGIL to Alter the Metabolism of Other Drugs by Enzyme Induction or Inhibition

###### Drugs Metabolized by CYP1A2

In vitro data demonstrated that armodafinil shows a weak inductive response for CYP1A2 and possibly CYP3A activities in a concentration related manner and demonstrated that CYP2C19 activity is reversibly inhibited by armodafinil. However, the effect on CYP1A2 activity was not observed clinically in an interaction study performed with caffeine (See **Pharmacokinetics, Drug-Drug Interactions**).

is contraindicated in patients with known hypersensitivity to modafinil and armodafinil or its inactive ingredients.

#### WARNINGS

##### Serious Rash, including Stevens-Johnson Syndrome

Serious rash requiring hospitalization and discontinuation of treatment has been reported in adults and children in association with the use of modafinil, a racemic mixture of S and R modafinil (the latter is armodafinil).

Armodafinil has not been studied in pediatric patients in any setting and is not approved for use in pediatric patients for any indication.

In clinical trials of modafinil (the racemate), the incidence of rash resulting in discontinuation was approximately 0.8% (13 per 1,585) in pediatric patients (age <17 years); these rashes included 1 case of possible Stevens-Johnson Syndrome (SJS) and 1 case of apparent multi-organ hypersensitivity reaction. Several of the cases were associated with fever and other abnormalities (e.g., vomiting, leukopenia). The median time to rash that resulted in discontinuation was 13 days. No such cases were observed among 380 pediatric patients who received placebo. No serious skin rashes have been reported in adult clinical trials (0 per 4,264) of modafinil. Rare cases of serious or life-threatening rash, including SJS, Toxic Epidermal Necrolysis (TEN), and Drug Rash with Eosinophilia and Systemic Symptoms (DRESS) have been reported in adults and children in worldwide post-marketing experience. The reporting rate of TEN and SJS associated with modafinil use, which is generally accepted to be an underestimate due to underreporting, exceeds the background incidence rate. Estimates of the background incidence rate for these serious skin reactions in the general population range between 1 to 2 cases per million-person years.

No serious skin rashes have been reported in adult clinical trials (0 per 1,595) of armodafinil. However, because armodafinil is the R isomer of racemic modafinil, a similar risk of serious rash with armodafinil cannot be ruled out.

There are no factors that are known to predict the risk of occurrence or the severity of rash associated with modafinil or armodafinil. Nearly all cases of serious rash associated with modafinil occurred within 1 to 5 weeks after treatment initiation. However, isolated cases have been reported after prolonged treatment (e.g., 3 months). Accordingly, duration of therapy cannot be relied upon as a means to predict the potential risk heralded by the first appearance of a rash.

Although benign rashes also occur with armodafinil, it is not possible to reliably predict which rashes will prove to be serious. Accordingly, armodafinil should ordinarily be discontinued at the first sign of rash, unless the rash is clearly not drug-related. Discontinuation of treatment may not prevent a rash from becoming life-threatening or permanently disabling or disfiguring.

##### Angioedema and anaphylactoid reactions

One serious case of angioedema and one case of hypersensitivity (with rash, dysphagia, and bronchospasm), were observed among 1,595 patients treated with armodafinil. Patients should be advised to discontinue therapy and immediately report to their physician any signs or symptoms suggesting angioedema or anaphylaxis (e.g., swelling of face, eyes, lips, tongue or larynx; difficulty in swallowing or breathing; hoarseness).

##### Multi-organ Hypersensitivity Reactions

Multi-organ hypersensitivity reactions, including at least one fatality in postmarketing experience, have occurred in close temporal association (median time to detection 13 days; range 4-33) to the initiation of modafinil. A similar risk of multi-organ hypersensitivity reactions with armodafinil cannot be ruled out.

Although there have been a limited number of reports, multi-organ hypersensitivity reactions may result in hospitalization or be life-threatening. There are no factors that are known to predict the risk of occurrence or the severity of multi-organ hypersensitivity reactions associated with modafinil. Signs and symptoms of this disorder were diverse; however, patients typically, although not exclusively, presented with fever and rash associated with other organ system involvement. Other associated manifestations included myocarditis, hepatitis, liver function test abnormalities, hematological abnormalities (e.g., leukopenia, thrombocytopenia), pruritus, and asthenia. Because multi-organ hypersensitivity is variable in its expression, other organ system symptoms and signs, not listed here, may occur.

If a multi-organ hypersensitivity reaction is suspected, NUVIGIL should be discontinued. If there are no case reports to indicate cross-sensitivity with other drugs that reduce this syndrome, the experience with drugs associated with multi-organ hypersensitivity would indicate this to be a possibility.

##### Excessive Sleepiness

Patients with abnormal levels of sleepiness who take NUVIGIL should be advised that their wakefulness may not return to normal. Patients with excessive sleepiness, including those taking NUVIGIL, should be frequently reassessed for their degree of sleepiness and, if necessary, advised to avoid driving or any other potentially dangerous activity. Prescribers should be aware that patients may not acknowledge sleepiness or drowsiness until questioned about drowsiness or sleepiness during specific activities.

##### Symptoms

Adverse experiences have been reported in patients treated with modafinil and armodafinil (NUVIGIL) are very closely related. Therefore, the incidence and clinical symptoms associated with armodafinil are expected to be similar to the type of these events with modafinil.

Adverse events associated with the use of modafinil have included hallucinations, suicidal ideation and aggression, some resulting in hospitalization, but not all, patients had a prior psychiatric history. One healthy male patient experienced ideas of reference, paranoid delusions, and auditory hallucinations while taking multiple daily 600 mg doses of modafinil and sleep deprivation. There

Patients were randomized to receive NUVIGIL or placebo. Patients treated with NUVIGIL were able to remain awake compared to placebo at final visit. A statistically significant improvement in overall clinical sleep latencies (in minutes) is shown in Table 1 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 2 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were not affected by the use of NUVIGIL.

Patients with excessive sleepiness were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 3 below, along with the average percentage of patients who showed significant effects of similar magnitudes. The average percentage of patients who showed significant effects of similar magnitudes is shown in Table 4 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 5 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 6 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 7 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were not affected by the use of NUVIGIL.

Patients with excessive sleepiness were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 8 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 9 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 10 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 11 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 12 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 13 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 14 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 15 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 16 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 17 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

Patients were randomized to either NUVIGIL 150 mg or placebo. NUVIGIL showed a statistically significant improvement in overall clinical sleep latencies (in minutes) compared to placebo-treated patients as shown in Table 18 below, along with the average percentage of patients who showed significant effects of similar magnitudes.

of a maximum tolerated dose, a subsequent carcinogenicity study was conducted in the TgAC transgenic mouse. Doses evaluated in the TgAC assay were 125, 250, and 500 mg/kg/day, administered dermally. There was no evidence of tumorigenicity associated with modafinil administration; however, this dermal model may not adequately assess the carcinogenic potential of an orally administered drug.

#### Mutagenesis

Armodafinil was evaluated in an in vitro bacterial reverse mutation assay and in an in vitro mammalian chromosomal aberration assay in human lymphocytes. Armodafinil was negative in these assays, both in the absence and presence of metabolic activation.

Modafinil demonstrated no evidence of mutagenic or clastogenic potential in a series of in vitro (i.e., bacterial reverse mutation assay, mouse lymphoma tk assay, chromosomal aberration assay in human lymphocytes, cell transformation assay in BALB/3T3 mouse embryo cells) assays in the absence or presence of metabolic activation, or in vivo (mouse bone marrow micronucleus) assays. Modafinil was also negative in the unscheduled DNA synthesis assay in rat hepatocytes.

#### Impairment of Fertility

A fertility and early embryonic development (to implantation) study was not conducted with armodafinil alone.

Oral administration of modafinil (doses of up to 480 mg/kg/day) to male and female rats prior to and throughout mating, and continuing in females through day 7 of gestation produced an increase in the time to mate at the highest dose; no effects were observed on other fertility or reproductive parameters. The no-effect dose of 240 mg/kg/day was associated with a plasma modafinil exposure (AUC) approximately equal to that in humans at the recommended dose of 200 mg.

#### Pregnancy

##### Pregnancy Category C

In studies conducted in rats (armodafinil, modafinil) and rabbits (modafinil), developmental toxicity was observed at clinically relevant exposures.

Oral administration of armodafinil (60, 200, or 600 mg/kg/day) to pregnant rats throughout the period of organogenesis resulted in increased incidences of fetal visceral and skeletal variations at the intermediate dose or greater and decreased fetal body weights at the highest dose. The no-effect dose for rat embryofetal developmental toxicity was associated with a plasma armodafinil exposure (AUC) approximately 0.03 times the AUC in humans at the maximum recommended daily dose of 250 mg.

Modafinil (50, 100, or 200 mg/kg/day) administered orally to pregnant rats throughout the period of organogenesis caused, in the absence of maternal toxicity, an increase in resorptions and an increased incidence of visceral and skeletal variations in the offspring at the highest dose. The higher no-effect dose for rat embryofetal developmental toxicity was associated with a plasma modafinil exposure approximately 0.5 times the AUC in humans at the recommended daily dose (RHD) of 200 mg. However, in a subsequent study of up to 480 mg/kg/day (plasma modafinil exposure approximately 2 times the AUC in humans at the RHD) no adverse effects on embryofetal development were observed.

Modafinil administered orally to pregnant rabbits throughout the period of organogenesis at doses of up to 100 mg/kg/day (plasma modafinil AUC approximately equal to the AUC in humans at the RHD) had no effect on embryofetal development; however, the doses used were too low to adequately assess the effects on modafinil on embryofetal development. In a subsequent developmental toxicity study evaluating doses of 45, 90, and 180 mg/kg/day in pregnant rabbits, the incidences of fetal structural alterations and embryofetal death were increased at the highest dose. The highest no-effect dose for developmental toxicity was associated with a plasma modafinil AUC approximately equal to the AUC in humans at the RHD.

Modafinil administration to rats throughout gestation and lactation at oral doses of up to 200 mg/kg/day resulted in decreased viability in the offspring at doses greater than 20 mg/kg/day (plasma modafinil AUC approximately 0.1 times the AUC in humans at the RHD). No effects on postnatal developmental and neurobehavioral parameters were observed in surviving offspring.

There are no adequate and well-controlled studies of either armodafinil or modafinil in pregnant women. Two cases of intrauterine growth retardation and one case of spontaneous abortion have been reported in association with armodafinil and modafinil. Although the pharmacology of armodafinil is not identical to that of the sympathomimetic amines, it does share some pharmacologic properties with this class. Certain of these drugs have been associated with intrauterine growth retardation and spontaneous abortions. Whether the cases reported with armodafinil are drug-related is unknown.

Armodafinil or modafinil should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

#### Labor and Delivery

The effect of armodafinil on labor and delivery in humans has not been systematically investigated.

#### Nursing Mothers

It is not known whether armodafinil or its metabolites are excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when NUVIGIL tablets are administered to a nursing woman.

#### PEDIATRIC USE

Safety and effectiveness of armodafinil use in individuals below 17 years of age have not been established. Serious rash has been seen in pediatric patients receiving modafinil (See **WARNINGS, Serious Rash, including Stevens-Johnson Syndrome**).

System Organ Class	NUVIGIL 150 mg (Percent, N=150)	NUVIGIL 250 mg (Percent, N=147)	NUVIGIL Combined (Percent, N=445)	Placebo (Percent, N=445)
Metabolism And Nutrition Disorders	1	0	0	0
Anorexia	1	0	0	0
Decreased Appetite	1	0	0	0
Nervous System Disorders				
Headache	17	9	9	9
Dizziness	5	2	2	2
Disturbance In Attention	1	0	0	0
Tremor	1	0	0	0
Migraine	1	0	0	0
Paresthesia	1	0	0	0
Psychiatric Disorders				
Insomnia	5	1	1	1
Anxiety	4	1	1	1
Depression	2	0	0	0
Agritation	1	0	0	0
Nervousness	1	0	0	0
Decreased Mood	1	0	0	0
Renal And Urinary Disorders				
Polypuria	1	0	0	0
Respiratory, Thoracic And Mediastinal Disorders				
Dyspnea	1	0	0	0
Skin And Subcutaneous Tissue Disorders				
Rash	2	0	0	0
Contact Dermatitis	1	0	0	0
Hypertidrosis	1	0	0	0

a Four double-blind, placebo-controlled clinical studies in SWSD, OSAHS, and narcolepsy; incidence is rounded to the nearest whole percent. Included are only those events for which NUVIGIL incidence is greater than that of placebo.

#### Dose Dependency of Adverse Events

In the placebo-controlled clinical trials which compared doses of 150 mg/day and 250 mg/day of NUVIGIL and placebo, the only adverse events that appeared to be dose-related were headache, rash, depression, dry mouth, insomnia, and nausea.

**Table 4. Incidence (In Percent) Of Dose-Dependent, Treatment-Emergent Adverse Experiences By Dose and By Treatment In Parallel-Group, Placebo-Controlled Clinical Trials\* In OSAHS, Narcolepsy and SWSD With NUVIGIL (150 mg and 250 mg)**

System Organ Class MedDRA preferred term	NUVIGIL 150 mg (Percent, N=150)	NUVIGIL 250 mg (Percent, N=147)	NUVIGIL Combined (Percent, N=445)	Placebo (Percent, N=445)
Gastrointestinal Disorders				
Nausea	9	6	7	3
Dry Mouth	7	2	4	<1
Nervous System Disorders				
Headache	23	14	17	9
Psychiatric Disorders				
Insomnia	6	4	5	1
Depression	3	1	2	<1
Skin And Subcutaneous Tissue Disorders				
Rash	4	1	2	<1

\* Four double-blind, placebo-controlled clinical studies in SWSD, OSAHS, and narcolepsy.

#### Vital Sign Changes

There were small, but consistent, increases in average values for mean systolic and diastolic blood pressure in controlled trials (See **PRECAUTIONS**). There was a small, but consistent, average increase in pulse rate over placebo in controlled trials. This increase varied from 0.9 to 3.5 BPM.

#### Laboratory Changes

Clinical chemistry, hematology, and urinalysis parameters were monitored in the studies. Mean plasma levels of gamma glutamyltransferase (GGT) and alkaline phosphatase (AP) were found to be higher following administration of NUVIGIL, but not placebo. Few subjects, however, had GGT or AP elevations outside of the normal range. No differences were apparent in alanine aminotransferase, aspartate aminotransferase, total protein, albumin, or total bilirubin, although there were rare cases of isolated elevations of AST and/or ALT. A single case of mild pancytopenia was observed after 35-days of treatment and resolved with drug discontinuation. A small mean decrease from baseline in serum uric acid compared to placebo was seen in clinical trials. The clinical significance of this finding is unknown.

#### ECG Changes

No pattern of ECG abnormalities could be attributed to NUVIGIL administration in placebo-controlled clinical trials.

#### DRUG ABUSE AND DEPENDENCE

##### Controlled Substance Class

Armodafinil (NUVIGIL) is a Schedule IV controlled substance.

##### Abuse Potential and Dependence

Although the abuse potential of armodafinil has not been specifically studied, its abuse potential is likely to be similar to that of modafinil (PROVIGIL). In humans, modafinil produces psychoactive and euphoric effects, alterations in mood, perception, thinking and feelings typical of other CNS stimulants. In vitro binding studies, modafinil binds to the

dose (See **CLINICAL PHARMACOLOGY**)

There is inadequate information to determine if severe renal impairment (See **CLINICAL PHARMACOLOGY**)

In elderly patients, elimination of armodafinil may be slower due to the consequences of aging. Therefore, caution should be exercised when NUVIGIL is administered in this population (See **CLINICAL PHARMACOLOGY**)

#### HOW SUPPLIED:

**NUVIGIL<sup>®</sup> (armodafinil) Tablets [C-IV]**

**50 mg:** Each round, white, uncoated tablet with "NUVIGIL" on one side and "50" on the other.

NDC 63459-205-60 - Bottle

**150 mg:** Each oval, white, uncoated tablet with "NUVIGIL" on one side and "150" on the other.

NDC 63459-215-60 - Bottle

**250 mg:** Each oval, white, uncoated tablet with "NUVIGIL" on one side and "250" on the other.

NDC 63459-225-60 - Bottle

Store at 20° - 25° C (68° - 77° F).

Manufactured for:

**Cephalon, Inc.**

Frazer, PA 19355

U.S. Patent Nos. RE37,516; 4,927,851

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July 2008

NUV-002

**PATENT**  
**NUVIGIL<sup>™</sup>**  
**Generic**

Read the Patient Information that comes with your NUVIGIL. There may be new information about your drug that is not in this information. There may be new information about your drug that is not in this information.

#### What is the most important information I should know about NUVIGIL?

1. **NUVIGIL may cause you to have a sleep disorder and call your doctor right away if you have any of the following:**

- skin rash, hives, sores in your mouth
- swelling of your face, eyes, lips, or tongue
- trouble swallowing or breathing
- hoarse voice

2. **NUVIGIL has not been studied in children for any condition. What is NUVIGIL?**

NUVIGIL is a prescription medicine used to help you stay awake during the day.

- shift work sleep disorder (SWSD)
- obstructive sleep apnea/hypopnea with other medical treatments for it for your CPAP machine. It is important to use your CPAP machine while sleeping.
- narcolepsy.

You should be diagnosed with one of these conditions before you start taking NUVIGIL.

- NUVIGIL will not cure the above conditions, but it may help you stay awake during the day.
- NUVIGIL does not take the place of your doctor's advice about your condition.

**NUVIGIL is a federally controlled substance. Giving away NUVIGIL may harm others, and using NUVIGIL if you are not prescribed it may be dangerous.**

#### Who should not take NUVIGIL?

Do not take NUVIGIL if you:

- are allergic to any of its ingredients or to any of the ingredients listed in this leaflet for a complete list of ingredients.
  - have had a rash or allergic reaction to any of the ingredients in this medicine.
- It is not known if NUVIGIL works in or is safe for children.

1	0
1	0
17	9
5	2
1	0
1	0
1	0
1	0
5	1
4	1
2	0
1	0
1	0
1	0
1	0
2	0
1	0
1	0

ical studies in SWS, OSAHS, and narcolepsy. Included are only greater than that of placebo.

ompared doses of 150 mg/day and 250 mg/day. Events that appeared to be dose-related were somnolence and nausea.

endent, Treatment-Emergent Adverse Events in a Parallel-Group, Placebo-Controlled Study of NUVIGIL (250 mg) in Patients with Narcolepsy and SWS

NUVIGIL 150 mg (Percent, N=447)	NUVIGIL 250 mg (Percent, N=445)	Placebo (Percent, N=445)
6	7	3
2	4	<1
14	17	9
4	5	1
1	2	<1
1	2	<1

studies in SWS, OSAHS, and narcolepsy.

average values for mean systolic and diastolic blood pressure (BP) were similar between NUVIGIL and placebo in controlled trials. This increase was not statistically significant.

Parameters were monitored in the studies. Serum alanine aminotransferase (ALT) and alkaline phosphatase (ALP) were within the normal range of NUVIGIL, but not placebo. Few side effects were observed. No differences were observed in total protein, aspartate aminotransferase, total protein, or urea nitrogen. Rare cases of isolated elevations of AST were observed after 35-days of treatment. The mean decrease from baseline in serum creatinine was similar between NUVIGIL and placebo in controlled trials. The clinical significance of this difference is unknown.

ed to NUVIGIL administration in placebo-controlled trials.

substance.

not been specifically studied, its abuse potential (PROVIGIL). In humans, modafinil has no effect on mood, perception, thinking and memory. In binding studies, modafinil binds to the

Patients with severe hepatic impairment, NUVIGIL should be administered at a reduced dose (See **CLINICAL PHARMACOLOGY** and **PRECAUTIONS**).

There is inadequate information to determine safety and efficacy of dosing in patients with severe renal impairment (See **CLINICAL PHARMACOLOGY** and **PRECAUTIONS**).

In elderly patients, elimination of armodafinil and its metabolites may be reduced as a consequence of aging. Therefore, consideration should be given to the use of lower doses in this population (See **CLINICAL PHARMACOLOGY** and **PRECAUTIONS**).

**HOW SUPPLIED:**

- NUVIGIL™ (armodafinil) Tablets [C-IV]**
- 50 mg:** Each round, white, uncoated tablet is debossed with "C" on one side and "205" on the other. NDC 63459-205-60 - Bottles of 60
  - 150 mg:** Each oval, white, uncoated tablet is debossed with "C" on one side and "215" on the other. NDC 63459-215-60 - Bottles of 60
  - 250 mg:** Each oval, white, uncoated tablet is debossed with "C" on one side and "225" on the other. NDC 63459-225-60 - Bottles of 60

Store at 20° - 25° C (68° - 77° F).

Manufactured for:  
**Cephalon, Inc.**  
 Frazer, PA 19355  
 U.S. Patent Nos. RE37,516; 4,927,855; 7,132,570; 7,297,346  
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 July 2008  
 NUV-002

**PATIENT INFORMATION**  
**NUVIGIL™ (nu-vil-eel) Tablets [C-IV]**  
 Generic name: armodafinil

Read the Patient Information that comes with NUVIGIL before you start taking it and each time you get a refill. There may be new information. This leaflet does not take the place of talking with your doctor about your condition or treatment.

**What is the most important information I should know about NUVIGIL?**

- 1. NUVIGIL may cause you to have a serious rash or a serious allergic reaction. Stop NUVIGIL and call your doctor right away or get emergency treatment if you have any of the following:**
  - skin rash, hives, sores in your mouth, or your skin blisters and peels
  - swelling of your face, eyes, lips, tongue, or throat
  - trouble swallowing or breathing
  - hoarse voice

- 2. NUVIGIL has not been studied in children under the age of 17. NUVIGIL is not approved for children for any condition.**

**What is NUVIGIL?**

NUVIGIL is a prescription medicine used to improve awakeness in adults who are very sleepy due to one of the following diagnosed sleep problems:

- shift work sleep disorder (SWS)
- obstructive sleep apnea/hypopnea syndrome (OSAHS). NUVIGIL is used along with other medical treatments for this sleep problem. NUVIGIL is not a replacement for your CPAP machine. It is important that you continue to use your CPAP machine while sleeping.
- narcolepsy

You should be diagnosed with one of these sleep disorders before taking NUVIGIL. Sleepiness can be a symptom of other medical conditions that need to be treated.

- NUVIGIL will not cure the above sleep disorders. NUVIGIL may help the sleepiness caused by these conditions, but it may not stop all your sleepiness.
- NUVIGIL does not take the place of getting enough sleep.
- Follow your doctor's advice about good sleep habits and using other treatments.

NUVIGIL is a federally controlled substance (C-IV) because it can be abused or lead to dependence. Keep NUVIGIL in a safe place to prevent misuse and abuse. Selling or giving away NUVIGIL may harm others, and is against the law. Tell your doctor if you have ever abused or been dependent on alcohol, prescription medicines or street drugs.

**Who should not take NUVIGIL?**

- Do not take NUVIGIL if you:
- are allergic to any of its ingredients. The active ingredient is armodafinil. See the end of this leaflet for a complete list of ingredients.
  - have had a rash or allergic reaction to modafinil, the active ingredient in PROVIGIL, because these medicines are very similar.

It is not known if NUVIGIL works in or is safe for use in children under 17 years old.

**• heart problems including chest pain**

The most common side effects of NUVIGIL are headache, nausea, dizziness, and trouble sleeping.

NUVIGIL may cause allergic reactions. If you get a rash, hives or other allergic reaction, stop taking NUVIGIL and call your doctor right away.

If you have either of the problems listed below or any other serious side effects while taking NUVIGIL stop taking NUVIGIL and call your doctor or get emergency help:

- chest pain.
- mental problems.

Some effects of NUVIGIL on the brain are the same as other medicines called "stimulants". These effects may lead to abuse or dependence on NUVIGIL. Before starting NUVIGIL, tell your doctor if you have ever abused drugs, including other stimulant medicines.

Tell your doctor if you get any side effect that bothers you or that does not go away while taking NUVIGIL.

These are not all the side effects of NUVIGIL. For more information, ask your doctor or pharmacist.

**How should I store NUVIGIL?**

- Store NUVIGIL at room temperature, 68° to 77° F (20° to 25° C).
- Keep NUVIGIL and all medicines out of the reach of children.

**General information about NUVIGIL**

Medicines are sometimes prescribed for conditions that are not listed in patient information leaflets. Do not use NUVIGIL for a condition for which it was not prescribed. **Do not give NUVIGIL to other people, even if they have the same symptoms you have. It may harm them and it is against the law.**

This leaflet summarizes the most important information about NUVIGIL. If you would like more information, talk with your doctor. You can ask your doctor or pharmacist for information about NUVIGIL that is written for health professionals. For more information, please call 1-800-896-5855, or go to [www.NUVIGIL.com](http://www.NUVIGIL.com).

**What are the ingredients in NUVIGIL?**

**Active ingredient:** armodafinil  
**Inactive ingredients:** croscarmellose sodium, lactose, magnesium stearate, microcrystalline cellulose, povidone, and pregelatinized starch.

**Rx Only**

July 2008  
 NUV-002  
 Cephalon, Inc. Frazer, PA 19355

This Patient Information Leaflet has been approved by the U.S. Food and Drug Administration.

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