

AZILECT notes

The following drugs must NOT be taken with AZILECT:

- Meperidine (Demerol[®])
- Tramadol (Ultram[®]), methadone, or propoxyphene (Darvocet[®])
- Dextromethorphan (a common ingredient in cough syrup)
- St. John's wort
- Mirtazapine (Remeron[®])
- Cyclobenzaprine (Flexeril[®])
- Amphetamines
- Cold products (pseudoephedrine, phenylephrine, phenylpropanolamine, and ephedrine)
- Other MAO inhibitors

Surgery: You must stop AZILECT 2 weeks before undergoing elective surgery requiring general anesthesia.

You should not take AZILECT if you have pheochromocytoma.

You should avoid tyramine-rich foods (see table below) though the "cheese effect" was not seen in clinical trials of AZILECT in PD patients. The cheese effect consists of severe headache, blurred vision/visual disturbances, difficulty thinking, stupor/coma, seizures, chest pain, unexplained nausea or vomiting, or signs or symptoms of a stroke.

Class of Food or Beverage	Tyramine-rich Foods and Beverages to Avoid	Acceptable Foods, Containing No or Little Tyramine
<u>Meat, Poultry and Fish</u>	Air dried, aged and fermented meats, sausages and salamis (including cacciatore, hard salami and mortadella); pickled herring; and any spoiled or improperly stored meat, poultry and fish (e.g., foods that have undergone changes in coloration, odor, or become moldy); spoiled or improperly stored animal livers	Fresh meat, poultry and fish, including fresh processed meats (e.g. lunch meats, hot dogs, breakfast sausage, and cooked sliced ham)
<u>Vegetables</u>	Broad bean pods (fava bean pods)	All other vegetables
<u>Dairy</u>	Aged cheeses	Processed cheeses, mozzarella, ricotta cheese, cottage cheese and yogurt
<u>Beverages</u>	All varieties of tap beer and beers that have not been pasteurized so as to allow for ongoing fermentation, red wines	Bottled and canned beers and white wines contain little or no tyramine
<u>Miscellaneous</u>	Concentrated yeast extract (e.g. Marmite), sauerkraut, most soybean products (including soy sauce and tofu), OTC supplements containing tyramine	Brewer's yeast, baker's yeast, soy milk, commercial chain restaurant pizzas prepared with cheeses low in tyramine

AZILECT should be used with caution in patients taking any antidepressant drug.

Patients taking AZILECT should have periodic skin examinations for melanoma.