

# Recommended Reading

*Heal Your Headache* by Dr. David Buchholtz

*Hope through Research* by the Department of Health and Human Services and the National Institute of Neurological Disorders

*Headache Relief for Women* by Dr. Alan Rappaport

*The Migraine Brain* by Carolyn Bernstein

[www.texasneurology.com/headacheinstitute](http://www.texasneurology.com/headacheinstitute)